



## A MESSAGE FROM OUR PRINCIPAL – John Mace



## School Council



Last Monday we had our second School Council meeting.

It is going to be a very exciting year indeed! This group of parents and teachers have many exciting ideas and planning has already commenced.

### Our members

**President** Michaela Keating; **Vice President** Johanna Cahill; **Treasurer** Kirsty Ingram; Renee Clugston; **Community Member** Cassi Smith; **Community Member** Ian Allen; Co-opted **DET Member** Sasha Fritchley; **DET Member** Danielle Collard and **DET Member** Erin Park.



## Planting Time!



Last Sunday several school council members worked together to plant close to 150 plants in front of the new building and around its side.

It took a lot longer than we thought and many of us had sore muscles the following Monday!



It was a beautiful day, finished off with water, burgers and snags!



### **Thank-you to....**

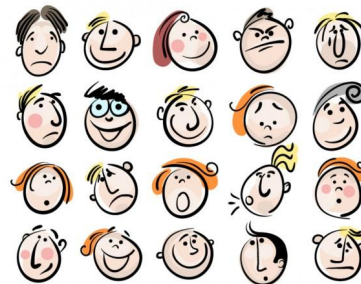
Michaela Keating  
Johanna Cahill  
Kirsty Ingram  
Renee Clugston  
Cassi Smith  
James Cahill and his mum, Marianna and dad Michael  
Rachael Lewis  
Charlotte, Lincoln, Luca, Matilda  
The big bloke Nathan, son Lachlan and daughter Michaela.





## EMOTIONAL INTELLIGENCE

*We cannot leave the learning of emotional intelligence and social competency to chance.*



### The Five Skills Of Emotional Intelligence

1. Self-awareness
2. Self-control
3. Self-motivation
4. Empathy (awareness of others)
5. Managing relationships



Making social skilling (which entails the understanding and control of behaviour) a key focus of home and school life can only assist every other area of a child's development. Developing the skills of critical thinking will help children to analyse and understand their own behaviour and that of their peers. Verbal reasoning is essential if children are to be able to explain their actions and feelings. Developing literacy skills allows children to write down and reflect upon their own experiences.

All of this takes time and we must give it the time it needs in both school and home. We cannot leave the learning of emotional intelligence and social competency to chance. We're not going to get very far if we only tackle it when our children do something wrong, or offer advice only when conflict or crisis occurs, nor will speeches at assembly about the value of good behaviour, or catch phrases stuck up on walls and fridge doors give us the results we need.

We need to make emotional intelligence an integral part of the curriculum and home life. It takes time to develop these skills and children learn them mainly through small but important lessons over many years. If we want children of good character, we must immerse them in schools, homes and communities where the lessons about emotions and behaviour are repeated many times. Repeated until they become absorbed deeply into the makeup of each and every child.

Once there, these important understandings will keep our children safe in times of crisis, conflict, confusion and pain. They will kick in to guide our children's actions, words and thoughts in a way that is considerate of themselves and others. As teachers and parents, we are a constant example to our children of emotional intelligence. How we handle our classroom and our families act as a model of the skills we wish to impart. To do the job well, we need to be comfortable talking about feelings, those of others and our own. Little training is offered to either parents or teachers in developing emotional intelligence.

I greatly admire those adults who take it upon themselves to gain these skills from any source they can, and attempt to change and improve their methods for the sake of the children in their care. Those Mums and Dads who talk about the skills they lack and need especially impress me. It's even more impressive when they work together to improve and change old habits, adopt better ways and rise to the challenge of better role modelling. The more closely teachers, parents and communities work together on the development of emotional intelligence in our children and ourselves, the better will be the results.

Excerpt from 'Children Aren't Made of China' by Wilson McCaskill





## I See I Care Excursion

The I Sea I Care Ambassadors went on their first excursion to Peer Teaching Workshop. They travelled with Miss McKenzie in a minivan to St. Judes Primary School. At the workshop the ambassadors completed three activities; Marine Mysteries, Beach Combing and Dolphins Food. After the activities the ambassadors taught a year 1 class everything they had just learnt. The students gained valuable information and their confidence grew throughout the workshop.

“It was a great experience to discover unusual ocean creatures”-Alexis Creasey.

“It was rewarding to teach year 1 students about taking care of our beaches”-Anita Delantar.





# BALLAM PARK BULLETIN

Week 10

[www.ballamparkps.com.au](http://www.ballamparkps.com.au)

(03) 9789 5614

# Easter Bonnet Parade



JUDGES



Winners



One of the most important things we can do to slow the spread of coronavirus (COVID-19) in our community is to stay at home when we are unwell, even when we have the mildest of symptoms.

### What you need to know

#### 1. If a child is unwell, even with the mildest of symptoms, they must stay at home

If a child becomes unwell during the day, they must be collected from school/early childhood education and care (ECEC) as soon as possible.

#### 2. If a child has any of the symptoms of coronavirus (COVID-19) outlined below, however mild, they should get tested and they must remain at home until they receive their results:

- fever
- chills or sweats
- cough
- sore throat
- shortness of breath
- runny nose
- loss of sense of smell or taste.

In certain circumstances headache, muscle soreness, stuffy nose, nausea, vomiting and diarrhoea may also be considered symptoms.

For further advice:

- call the 24-hour coronavirus (COVID-19) hotline 1800 675 398
- call a general practitioner
- use the Department of Health and Human Services (DHHS) [online self-assessment tool](#).

Visit: [Where to get tested](#).

#### 3. A child must stay at home until they are symptom free, even if their coronavirus (COVID-19) test is negative

If a person has tested positive for coronavirus (COVID-19) or been identified as a close contact they must isolate/quarantine until they receive clearance from DHHS.

**Children with persistent symptoms due to underlying conditions such as hay fever or asthma** whose symptoms are clearly typical of their condition can continue to attend ECEC/school. They should be tested for COVID-19 if they develop symptoms that are different to or worse than their usual symptoms. They should consider getting a medical certificate from their GP to attend ECEC/school if they have persistent symptoms that may overlap with symptoms of COVID-19 such as cough or runny nose.

**Younger children (pre-school up to Grade 2) may have prolonged post viral symptoms** such as a runny nose or cough and may return to school/ECEC following a negative COVID-19 test even if they are not completely free of symptoms. They will need a medical certificate from their GP to confirm they are otherwise well or have recovered from their acute illness.

For information on the minimum periods students and children need to stay at home for other conditions, refer to the [DHHS school exclusion table](#).

#### 4. Children do NOT need a medical certificate before returning to school/ECEC

Once symptoms have cleared, there is no requirement from the Department of Education and Training or DHHS for children/students to have a medical certificate before they return to school/ECEC.

**Thank you for your support in following these steps, together we can all stay safe.**





## PARENTS BUILDING SOLUTIONS

**Free 6 week program for Mums, Dads, Grandparents, Aunties, Uncles, adult carers to talk about kids**

### **ARE YOU TIRED OF YELLING?**

How to get kids to listen the first time

### **DEALING WITH FEELINGS**

Helping parents deal with frustration, anger and/or anxiety

### **STRATEGIES**

Discuss and share strategies that work

### **CHILDREN'S BEHAVIOURS**

Understand why children behave the way they do

### **SELF CARE**

How to cope with stress & emotions

**DATES:** Thursdays 6 May - 10 June

**TIME:** 10 - 11.30am

**WHERE:** Ballam Park Primary School  
Belar Avenue Franktston

**COST:** FREE

### **BOOKINGS AND ENQUIRIES CONTACT:**

Michelle Brown - Parent Resource

Co-ordinator 0429 174 150

Email: [michelle.brown@anglicarevic.org.au](mailto:michelle.brown@anglicarevic.org.au)



## Before and After School Care

Camp Australia runs a before and after school care program known as Out of School Hours Care or OSHC. If you are interested, you will need to call 1300 105 343 or email [oshc@campaustralia.com.au](mailto:oshc@campaustralia.com.au)



## School Uniforms

School Uniforms are available from PSW in Carrum Downs. You can also order online and they provide a click and collect service. For more information, please click on the logo below



## Compass - How to?

Please take a look [here](#) for a Compass "how to". Otherwise, when you open Compass, press the three lines (top left) and press "open in browser". Click onto the Star and you will see two options - school website and the how to guide.



Canteen is open every Friday for lunch orders using:





## Important Dates

### TERM ONE

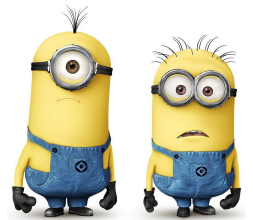
1st April - Last day of Term 1  
1st April - Easter Bonnet Parade  
1st April - Whole School Assembly  
  
2nd April - Good Friday - No School

### TERM TWO

19th April - Term 2 starts  
23rd April - District Field Event  
23rd April (3pm to 4pm) - Second hand uniform sales  
25th April - ANZAC day  
28-30th April: Year 5 Camp  
5th May (8.15 am to 9 am) - Second hand uniform sales  
5-7th May: Year 6 Camp  
9th May - Mothers Day  
26th May - National Sorry Day  
14th June - Queen's Birthday - No School  
25th June - Last Day of Term 2



## Second hand Uniforms



School Council has been busily preparing some of our second hand uniforms for our school community to buy. These will be in good condition and the money will all go into the school account to be utilised to support the school. We will open the sales at various times throughout the term. Please keep an eye out on Compass and in the newsletters for dates. We will be selling from the front of the hall (and if raining, just inside the hall). Cash is the preferred method of payment, however eftpos is available.

Dates are as follows:

Friday 23rd April from 3pm to 4pm

Wednesday 5th May from 8.15 am to 9 am

